



Facts about Nepal:

One of the most beautiful small countries on the continent of Asia, it was known as the 'Kingdom of Nepal' but lots of things have changed and now it is the 'Republic of Nepal'. The Population of Nepal is approximately 30 million with a growth rate of 2.43%, 86% are Hindu. There are three physiographic regions these are the Himalaya, the Pahar and the Terai (also know as Madhesh). The Madhesh has the highest density of population with almost half of the total population of Nepal. In the north Nepal shares a border with Tibet/China and in the East, West and South with India.

Nepal is a developing country with almost 75% of people living under the poverty line with estimated gross domestic product (GDP) of £160 pa per person in 2005, 40% of income is from agriculture and 85% of the population engaged in farming. This figure clearly shows the return on farming is almost zero. Only 40% of the population are literate (40% female and 60% male). There are more women than men in Nepal and women die before man.

Nepal's political situation became worst after the murder of King Birendra Bir Bikram Shah Dev in 2001. Establishing a stabilised and motivated government is the major difficulties in the country right now.

Visiting Nepal: Nepal is heaven for trekkers it is a paradise for bird and animal lovers, and has a fabulous and colourful culture. Do you think you can remember the 3.5 million names of the Gods and Goddess's? If you can then my suggestion is please pack your bag now.

If you stand on the Mount Everest and jump one step down you will land in Chitwan and Bardiya National Park where animals are waiting for you and let your feet slip down another step you will be in National Koshi Tappu wildlife reserve in the Terai where 400 species of water birds and fresh water dolphins are welcoming you by singing and dancing. If you want to know how rice, lentils, wheat, and corn grows just visit the farmers. They will love to see you and teach you to cook traditional Nepalese Dal (lentil), Bhat (rice), Tarkari (vegetables curry) and Anchar (pickle). While you are there you can wave to incredible India. Just down the road

Best time to visit Nepal is between early October and late March. Trekkers are advised to engage a trained and reputable guide.

You get your **visa on arrival** at the airport, it costs a dollar a day, you need to bring 2 passport photos, and if you don't have the right money forget the change. Now you are in Nepal relax, in Nepalese 10 minutes equals an hour.

Main domestic airless are:

Buddha Airlines	http://www.buddhaair.com
Yeti Airlines	http://www.yetiairlines.com
Cosmic Airlines	http://www.cosmicair.com
Gorkha Airlines	http://www.yomari.com/gorkha
Necon Airlines	http://www.neconair.com
Shangri-La Airlines	http://www.shangrilaair.com
Nepal Airlines	http://www.royalnepal-airlines.com

'Tribhuvan international Airport Kathmandu' is only international airport in Nepal until now.

International Airlines are:

Gulf Airways, Qatar Airways, Jet Airways, Air India: <http://www.airindia.com> ,
Austrian Airlines:<http://www.aa.com>

And many others airlines

Tour operators and guides are countless, mainly in Kathmandu.

There will be more information available soon such as hotels, places to visit, things to see, what to do and what not to do, etc.